# This silent killer is 8.8 times deadlier than smoking!

Yet you've probably never heard of it...

You may THINK you're on the right track to preventing heart disease...

But the truth is shocking: 30 years of popular medicine is <u>suddenly outdated</u>.

What can YOU do about it?

Dear Friend,

Think about it. After spending years of your life working to lower your cholesterol level...you may STILL be at risk for a heart attack. I know it's unsettling...but it's true.

The good news is that there IS something you can do — today! — to help guard against this disturbing possibility. I'll tell you more about a remarkably simple — yet effective — method for preventing this "silent killer" in just a moment. But first, let me tell you why...

## Cholesterol is not the only villain!

Despite 30 years of reducing fat and cholesterol in the American diet...cardiovascular disease still causes 42% of all deaths in America.

That means nearly half of us will die of it. Either you or someone you love — if things don't change soon.

We all know very well why this disease is so deadly. When your arteries become blocked-up, blood can no longer reach the brain or the heart.

But what causes the blockage? High cholesterol, right? NOT SO FAST! Cholesterol is NOT the villain people think it is.

The fact is, over 209 medical studies have recently confirmed that the entire cholesterol/fat theory of heart disease has been overblown all along. Let me repeat — the assumptions of the past 30 years are wrong, wrong, wrong!

Here's a quote from the British Medical Journal that underscores my point: "Lowering cholesterol does not reduce mortality and is unlikely to prevent coronary heart disease." (British Medical Journal) So if lowering cholesterol alone is unlikely to prevent heart disease...what CAN you do to prevent it?

# The silent killer that triggers heart disease

The simple truth is, cholesterol is NOT the deadly threat you may think it is! Aside from the fact that cholesterol is necessary for everything from the production of sex hormones to bile synthesis...it simply does not clog up your arteries unless it has something to attach to: a tear, a rough surface, a ridge, a sharp turn.

On that ridge or bump, cholesterol, blood products and calcium begin to accumulate. These are the blood "traps" that lead to such problems as impotence, poor memory, heart attack, stroke, and even death.

So what's to blame for causing these ridges on your artery walls? The secret culprit is homocysteine. It's

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pronounced "hoe-moe-SIS-teen." And in the months ahead, you're going to be hearing this word a lot.

#### Fact: High Homocysteine is 8.8 times deadlier than smoking

Very briefly, homocysteine is an amino acid that can damage the lining of your arteries. When excess amounts get in your bloodstream, it triggers reactions that create bumps, pits and ridges inside your arteries. These damaged spots act like "traps" in your arteries for cholesterol to attack...and create the potential for clogged arteries.

So suddenly, 30 years of popular medicine is totally outdated. Because the trigger that starts this deadly process isn't simply cholesterol or fat. It's the deadly amino acid homocysteine.

The evidence against homocysteine continues to pour in. A study in the prestigious New England Journal of Medicine found that elevated homocysteine is a risk factor 14.4 times greater than high cholesterol...2.3 times greater than high blood pressure...and, yes, 8.8 times greater than even cigarette smoking!

That's the bad news. But the good news is that now we know the enemy...and we know how to help your body maintain normal, healthy levels of homocysteine. And because of this, millions of lives can very possibly be saved.

### The role of vitamins in reducing homocysteine

Your body forms homocysteine when you eat food containing an amino acid called methionine. Methionine is present in all animal and vegetable protein — with especially high levels present in meats, poultry and dairy products. As part of the digestive process, methionine is broken down into homocysteine.

Your body requires a steady supply of three "helper nutrients" in order to process, convert and excrete excess homocysteine. As long as these certain "helper nutrients" are present, homocysteine converts back to methionine, or to another harmless amino acid called cystathionine.

Research shows that vitamin B-6, B-12 and folic acid are the key "helper nutrients" necessary for normalizing homocysteine levels.\* Unfortunately, the typical American diet is low in vitamin B-6, B-12 and folic acid and high in methionine. And, because of food processing, it's virtually impossible to get these essential helper nutrients in the North American diet.

So...if it's nearly impossible to get the nutrients you need from your diet, the question becomes...

# What can YOU do to protect against homocysteine?

Let me share with you the results of an enormous study.

It was carried out for 14 years. It involved 80,000 health practitioners. And it was conducted by a group of respected institutions, led by the prestigious Harvard School of Public Health.

This Harvard study found that YOU CAN support your homocysteine levels dramatically! How? Very simply, by increasing the level of certain vitamins and folic acid in your diet.

- ➤ How dramatically? Those people in the study who followed the anti-homocysteine regimen slashed their odds of having a heart attack by anywhere from 47% to 51%.
- ➤ Better still the study indicates that this applies to men as well as women.
- ➤ BEST OF ALL, those who got the right nutritional support and enjoyed a glass or two of their favorite alcoholic beverage daily, cut their risk of heart disease by a walloping 78%!

Now let's move on to some news that's even more exciting and it comes from one of the most celebrated champions of preventive medicine in America today: Dr. Allan Magaziner.

# Dr. Magaziner is bringing hope and healing to thousands of patients each year

Dr. Magaziner is on the leading edge of research about homocysteine and heart disease. And if his name sounds familiar, that's for good reason.

He's the author of dozens of articles and books on prevention and alternative medicine. He's appeared on television and radio, and lectured at medical schools, universities and hospitals all over America and across the globe.

Most importantly, he's the founder of the famed Magaziner Medical Center FOR WELLNESS AND ANTI-AGING MEDICINE in Cherry Hill, New Jersey. Based on his research, he believes that high amounts of the proper nutrients — "helper nutrients" — can also help blood vessels already damaged by homocysteine...to repair themselves!

Exciting news! But...it's no easy matter to find all of the nutrients that Dr. Magaziner recommends for fighting homocysteine. You see, Dr. Magaziner has prescribed a very intensive, very complete formula for his patients at the Center.

This unique anti-homocysteine formula contains the maximum safe dosage of <u>five different "helper" nutrients</u>. These include folic acid...vitamin B-12...vitamin B-6...P5P (Pyroxidal-5-Phosphate)...and TMG (Trimethylglycine).

Why so many? Because Dr. Magaziner has found that different patients respond to nutrients in different ways. For example, not all of us absorb B-vitamins in the same way. So we may require special nutritional enhancers like TMG and P5P.

# Up until recently, this high-connection formula has been available only to private patients

But I'm delighted to report that Dr. Magaziner has been working with us to put this complete 5-nutrient formulation into a single tablet.

It's called **CARDIO SUPPORT**. It's ready at last — and is available to <u>you now</u>. And, quite frankly, it's the <u>easiest</u>, <u>best way EVER to support healthy homocysteine in check</u>.

No other supplement known to me contains this precisely formulated anti-homocysteine regimen. And there's no other way to get these nutrients so easily! Even if you could find all the nutrients in CARDIO SUPPORT, you might have to take a dozen tablets at a time. Or eat 10 to 15 pounds of fruits and vegetables every day.

Yet with CARDIO SUPPORT, all you take is two tablets a day!

# How you can get a trial supply of CARDIO SUPPORT at NO RISK!

With nearly half of all Americans dying of heart disease...and more than 209 medical studies already linking this epidemic to high homocysteine...none of us can ignore this life-or-death news.

That's why he prescribes it to his patients at the Magaziner Center. And you may be sure I take it myself, every single day.

CARDIO SUPPORT is specially formulated and is not available in any stores. But it's easy to obtain yours right now, direct from Advanced Nutritional Products. And with no middleman, you save big. Your special price is just \$37.95 for a 3-month supply. (That's half what I'd pay if bought separately at a store.)

What's more, you can achieve even greater savings with a 6-month or full-year supply. And if you do...I'll be happy to send you two valuable FREE GIFTS! Free with a 6-month trial supply of CARDIO SUPPORT is a special report, entitled FORGET CHOLESTEROL. This report lays out all the details about homocysteine... and what you and your family can do to prevent heart disease today. That's a 6-month supply of CARDIO SUPPORT — along with my free report — for just \$68.30 plus \$5.50 shipping — \$73.80 total. (I save \$11.10!)

Free with a full-year supply of CARDIO SUPPORT is a copy of Dr. Magaziner's breakthrough new 315-page book, The Complete Guide to Living Longer and Healthier. This guide to fighting the world's most feared diseases normally sells for \$18.95...but it's yours FREE with a full-year supply of CARDIO SUPPORT. At just \$121.45 for a full-year supply, I save \$30.00 PLUS I get two FREE gifts!

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## Plus, you get our no-hassle, no-risk guarantee

Take 90 days to enjoy your free gifts. And start taking your CARDIO SUPPORT every day. I know that, like so many of Dr. Magaziner's own patients, you'll be delighted with its quality and results. If not, simply return the unused portion of your order for a full refund, less shipping and handling. Keep your free gifts!

So please, won't you take a moment right now to return the enclosed RISK-FREE DISCOUNT CERTIFICATE?

Don't wait even another day to take advantage of Dr. Magaziner's healthy-heart breakthrough.

Do it for yourself - and for those who love you.

Working for your good health,

Rick Popowitz, President Advanced Nutritional Products

P.S. FREE FAST REPLY BONUS! RSVP within 10 days and receive your own free volume of the new report, BEYOND ANTI-OXIDANTS. Here you'll find new confirmation of Dr. Magaziner's work on heart disease. And find out why a famed organization of alternative medicine researchers has decided to recommend CARDIO SUPPORT to its own members. Yours FREE if you reply within 10 days!

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