



Finally...a breakthrough male health solution that eliminates those frequent, embarrassing bathroom trips and lets you...

Reclaim Your Manhood!

This Breakthrough Discovery Blew Away Every Prostate Therapy Examined in 30 Years of Research!



INSIDE:

- ✓ Say goodbye to those “urgent” races for the men’s room...
- ✓ Wipe out weak or “dribbling” urine stream...
- ✓ Regain your confidence — and prowess — in the bedroom once again...

GUARANTEED to produce results fast... or your money back.

See page 38 for more information...



“This exciting news could help save the life of any man age 40 or older — regardless of if you’ve ever had any prostate trouble.” See page 2 for more details.

— Dr. Mitchell Matez, D.O.

It Blew Away Every Prostate Therapy

“The most promising

Dear Friend,

I've written this special report **Male Health Discoveries — Spring 2009** to let you know that — finally — there is a better alternative to prostate health.

We've all heard the horror stories of surgery...and you and I both know those heavily-marketed prescription drugs carry some dangerous side effects.

That's why I'm not surprised so many men have ignored symptoms like...

- Painful urination
- All-too-frequent, “emergency” trips to the bathroom
- Weak or “dribbling” urine stream
- Insomnia caused by urgency to urinate
- Even difficulty achieving or maintaining an erection.



But no more — now there's a safer, natural alternative that comes with ZERO side effects.

This breakthrough male health solution is 100% doctor-approved... it's available without a prescription...and best of all: it works!

Examined in 30 Years of Research!

of all medical therapies”¹

Dozens of clinical studies have shown — time and time again — that this miracle discovery works to eliminate prostate-related health problems. (See page 13.)

This outstanding research prompted me to work together with the scientists at Goldshield Direct to develop a formula designed to not only take advantage of this discovery...but to actually *improve* on it.



Best of all...I GUARANTEE this all-natural solution will work for you.

Take a look at the material in this special report to decide for yourself...or better yet — take advantage of our special, 100% RISK-FREE Trial Offer and ***let me prove it to you.***

“We put together a power-packed formulation designed to keep your prostate health at the highest level possible.”

— Dr. Mitchell Matez, D.O.

¹http://www.youngagain.org/tnpc_chapter5.htm

Keep Reading





One of North America's Top Alternative Health Experts



Dr. Mitchell Matez has 20 years of clinical experience in General Surgery and in Alternative and Complementary Medicine. Dr. Matez is the featured Alternative Medicine columnist in a South Florida newspaper and a regular contributor for *Natural Awakenings Magazine*.

He has dedicated the last five years of his practice to alternative and naturopathic medicine. He

strongly believes his responsibility is to teach his patients how to prevent disease. To that end, Dr. Matez educates his patients about the value of proper nutrition, exercise and supplementation with vitamins and other nutritional.

He presently sees his patients in one of Florida's most famous alternative therapy and natural medicine facilities, the world renowned Haimes Centre Clinic.

Memberships:

- ✓ American Osteopathic Association
- ✓ American College of Osteopathic Surgeons
- ✓ The Institute for Functional Medicine
- ✓ Board Certified, American Osteopathic Board of Surgery
- ✓ Associate Professor of Surgery, Nova Southeastern University
- ✓ Former Chairman Dept. of Surgery, Southern Ocean County Hospital
- ✓ Certified Functional Medicine Specialist
- ✓ Certified, American Board of Clinical Metal Toxicology
- ✓ Staff Physician, Haimes Centre Clinic

Dr. Matez's practice includes:

- | | |
|-----------------------------|----------------------------|
| ■ Chelation Therapy | ■ Nutrition |
| ■ Immune System Enhancement | ■ Prolotherapy |
| ■ Weight Management | ■ Homeopathy |
| ■ Rejuvenation | ■ Osteopathic Manipulation |
| ■ Colonics | ■ Naturopathic Medicine |



MALE HEALTH DISCOVERIES

CHAPTER 1:

Say Goodbye to ALL of Those Embarrassing Symptoms. No more weak stream...frequent bathroom trips...painful urination...or problems in the bedroom. You can free yourself from all of this — *without painful surgery or dangerous prescription drugs.*

- Do you know what those prescription drugs are doing to you?Page 6



CHAPTER 2:

Breakthrough Male Health Discovery. It's 3,000 times stronger than Saw Palmetto.

- **It beat every prostate therapy examined in 30 years of research...**Page 12



CHAPTER 3:

Take Charge in the Bedroom Once Again. A daily program of key nutrients can work magic for your sex life.

- "My Sexual Performance and Drive Have Taken Off"Page 18



CHAPTER 4:

If You're Over 40, You're at Risk Right Now! By age 50, 75% of men have some degree of prostate health problems.

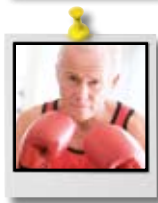
- "I feel like an 18-year-old all over again"Page 22



CHAPTER 5:

We Made it Seven Times More Powerful!

- How to keep your prostate health at the highest level possiblePage 26



CHAPTER 6:

How to Eliminate Your Prostate Problems... Starting Today!

- The safe, all-natural solution to the prostate health pandemicPage 32





Now...There's a *Breakthrough* Male Health Solution That Eliminates Prostate Problems Without Dangerous Side Effects

I understand how frustrating it can be.

Getting up every 30 minutes to go to the bathroom...feeling helpless because of a weak or “dribbling” stream — if you can get started at all...painful



urination or, worse, blood in the urine...

And I haven't even mentioned the **embarrassment** poor prostate health can cause **in the bedroom**.

Listen, men: Just because we're getting older...that doesn't mean we have to sit by and watch our manhood slowly — and painfully — get taken from us.

In my 20 years of experience, I've heard **hundreds of painful stories** from men suffering from an enlarged prostate — otherwise known as BPH (Benign Prostatic Hyperplasia).

And in many cases, these men suffered in silence for months — even years — before coming forward.

Some of the time, it was embarrassment — or **ego** — that caused them to *ignore their symptoms*.

But in many cases, it was the lack of a safe, natural, non-surgical solution that kept them from seeking help.

I can't say that I disagree with the idea that the choices were limited.

That's because, until recently, the "choices" for treating an enlarged prostate involved ***painful*** — and in some cases, ***frightening*** — surgery...prescription drugs with dangerous side effects... and month after month of ***embarrassing*** office visits.

I don't know about you... but those don't sound like very attractive options to me.

Now you don't have to worry about those options — thanks to a **breakthrough male health solution** that has proven to be 3,000 times stronger



than yesterday's options. And best of all — this is a safe, all-natural solution that doesn't involve risky surgery or dangerous side effects.

After all...

Do You Know What Your Prescription Drugs Are Doing to You?

It's almost impossible to watch television, read a magazine or listen to the radio these days without being bombarded

Next page, please...

with advertisements for prescription drugs.

As you might expect, the ads are *very slick*.

They paint a glowing — if not genuine — picture of “real” men triumphing over their enlarged prostate problems by gobbling up the latest “wonder drug” being pushed by the multi-billion dollar pharmaceutical companies.

It’s only after you look past the smiling faces and the



shrinking props that you find the real story:

These prescription drugs come with very dangerous side effects — and in many cases, those side effects deal directly with your sexual potency.

Here’s what I mean. This is just a *partial* list of the side effects — reported in the “fine print” — from three of today’s most popular prescription BPH drugs...

- » Decreased sex drive
- » Inability to have an erection
- » Breast enlargement
- » Abnormal ejaculation
- » Dizziness, headache, fatigue
- » Diarrhea
- » Back pain
- » Upper respiratory tract infection
- » Sore throat
- » “General” body pain

Continued on page 10...

RESEARCH NIGHTMARE:

Does today's leading BPH drug actually cause more health problems?

Scientists were desperately hoping the leading prescription drug for BPH might also reduce a man's risk of life-threatening prostate problems.

They studied a group of 52 men with a High PSA (Prostate Specific Antigen) Count.

Half were given name brand mainstream drugs, while the other half took nothing.

Yet 8 of the 27 men who took the drug developed severe problems compared to only one of the 25 men who took nothing.

Researchers then looked at men with serious prostate issues who took the drug.

75% of the drug-takers developed life-threatening problems in just one year.

A much larger study is now underway.

But please...if you're being tested for BPH, tell your doctor about these findings! Better still, show him the news about the **Breakthrough Male Health Solution** revealed in this report.

So far I've only listed just a few of the side effects — and I haven't even mentioned how expensive these prescription “solutions” can be.

Now think about this: according to the United States Veteran's Administration, today's leading prescription BPH drug is not only “dangerous” — it's also **no more effective than sugar pills.**²

But as bad as the case may be for prescription drugs... there's still one traditional prostate “solution” even less attractive...

Over 1.2 Million Men Suffered Through Painful — and Potentially Disfiguring — Surgery Last Year

I don't mean to alarm you, but...

More than 1.2 million men walked into an operating room



or doctor's office last year to undergo surgery for BPH.³

And it must have been an absolute nightmare for them.

That's because the most common surgery choice for BPH involves the surgeon *literally passing the instruments up the urinary opening of the penis* to the location of the prostate.

This procedure is known as a transurethral resection of the prostate (TURP) and it involves peeling away or *“shaving off” layers of the enlarged prostate tissue.*

²http://www.youngagain.org/tnpc_chapter5.htm

³<http://www.reuters.com/article/pressRelease/idUS160960+14-Jan-2009+MW20090114>

As painful as that may sound — and I cringe every time I so much as *think* about it — the risks involved with this potentially disfiguring surgery are even worse.

That's because side effects like erectile dysfunction (up to 14% of the time), incontinence, and painful ejaculation are associated with this surgery...

not to mention the normal risks associated with any operation performed under general anesthesia.

Simply put, why would you subject yourself to something so painful — and with so many potential life-altering risks — when there's a safer, more effective, natural option available?

“I no longer have to go under the knife”

“I tried other prostate supplements before, but still had problems with an enlarged prostate. My doctor had actually gone so far as to schedule surgery...I'm pleased to say six months later, my prostate is back in the 'normal' range and I no longer have to go under the knife! **It's truly a miracle.** I'm telling everyone I know about your product.”*

—Brian, Florida



*A testimonial reflects the personal experience of one person. Individual results may vary. For privacy purposes, these pictures are not those of the actual customers whose testimonial is shown here.

Turn to Chapter 2



The *Breakthrough* Male Health Solution Proven to Be 3,000 Times Stronger than Yesterday's Prostate Solutions

In addition to surgery and prescription drugs, in recent years, men in search of a *natural* prostate solution have turned to saw palmetto.

And with good reason. After all, according to the Mayo Clinic...

"Numerous human trials report that saw palmetto improves symptoms of benign prostatic hypertrophy (BPH) such as nighttime urination, urinary flow, and overall quality of life."⁴

But we now know there's an even better natural alternative for prostate health than saw palmetto.

After 500 years — scientists have "cracked the code" that powers this remarkable plant.

*We finally unlocked the secret inside, and it's **3,000 times stronger than Saw Palmetto!***

We call this biochemical miracle **BETA-SITOSTEROL** (pronounced BAY-tah SIGHT-oh-STAIR-all.) And it could very well turn out to be the greatest male health discovery of all time.

Trace amounts of beta-sitosterol are found in saw palmetto, soybeans and other prostate-friendly plants.

But the concentrated essence is shown to be significantly more effective

⁴http://www.mayoclinic.com/health/saw-palmetto/NS_patient-sawpalmetto



Beta-sitosterol is found in trace amounts in saw palmetto, soybeans and other prostate-friendly plants.

than any herb on the market today.

Dozens of Clinical Studies Show the Power of this Biochemical Miracle

When doctors at the Veterans Administration in Minneapolis compared beta-sitosterol to a host of other prostate supplements, they concluded it shows *“the greatest efficacy amongst phytotherapeutica substances,”* which is a fancy way of saying...

It beat every prostate therapy they examined in 30 years of research!

But that study was just one of dozens of classic, double-blind studies that have shown the powerful effects of beta-sitosterol on men suffering from prostate health problems...

- At the University of Dresden, Germany, doctors studied 177 men who suffered from BPH for six months and concluded that, ***“results show that beta-sitosterol is an effective option in the treatment of BPH.”***⁵
- Following a study of beta-sitosterol performed at the University of Brussels, Belgium, Dr. Johan

⁵<http://www.prostate-miracle.com/print/beta-sitosterol.html>

Next page, please...

"Studies have shown beta-sitosterol to improve urinary symptoms and flow."

— New York Times⁶

Braeckman went on record as saying, ***"After 90 days of treatment, a majority of patients (88%) and treating physicians (also 88%) considered the therapy effective."***⁷

■ At St. Luke's Hospital in New York, doctors performed an extensive review of herbal supplements for prostate conditions and concluded that ***beta-sitosterol is the most promising of all medical therapies.***⁸

■ And a U.S.-based review of all well-controlled studies

of the use of beta-sitosterol in the treatment of BPH found that for sufferers of BPH, ***"Beta-sitosterol improves urological symptoms and flow measures."***⁹

I'll spare you the eye-popping details of *dozens* of other classic, double-blind studies, performed at the University of Rome, the Hospital Ambroise in Paris, the University of Padova in Italy, the University of Bochum, Germany, and other top research centers throughout the world.

⁶<http://health.nytimes.com/health/guides/disease/enlarged-prostate/lifestyle-changes.html>

⁷<http://www.prostate-miracle.com/print/beta-sitosterol.html>

⁸http://www.youngagain.org/tnpc_chapter5.htm

⁹(Wilt TJ, MacDonald R, Ishani A. *BJU Int* 1999; 83:976-83).

Here's the important thing to remember:

Scientific studies indicate that beta-sitosterol consistently improves urinary symptoms related to prostate enlargement.

And beta-sitosterol is one of the primary components of a breakthrough formulation from the scientists at Goldshield Direct...

Introducing Prostate Health Complex: The Key to Your Renewed Vigor and Vitality

The team of outstanding scientists at Goldshield Direct and I have worked together to develop a cutting-edge prostate health formula.

We call it **Prostate Health Complex**...and it's

a formula that includes just the right combination of nutrients, all designed to help optimize your prostate health — and **eliminate any prostate-related health problems you may be suffering from.**



“ The Prostate Breakthrough
You've Been Waiting For! ”

Next page, please...

**"Beta-Sitosterol may
aid prostate health"**

— Los Angeles Times¹⁰

So if you suffer from...

- ✓ Restlessness and insomnia caused by the nagging urgency to urinate...
- ✓ Inconvenient "emergency" trips to the bathroom that happen all too frequently...
- ✓ Straining to urinate or weak, "dribbling" stream...
- ✓ Painful urination or blood in your urine...
- ✓ Or embarrassing difficulty achieving or maintaining an erection

**...then Prostate Health
Complex is the prostate
breakthrough you've been
waiting for!**

Best of all — I'm so convinced that this breakthrough prostate health solution will work for you...I'm willing to accept ALL of the risk when you give it a try.

I'll tell you how you can get started RISK-FREE — and I'll tell you about each and every ingredient in this potent formulation — in just a moment.

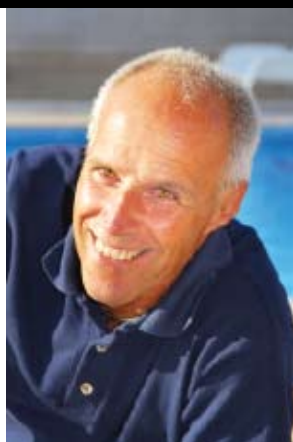
But first...here's what some of the men who have tried **Prostate Health Complex** have told us about how it works...

¹⁰ Los Angeles Times, Oct. 11, 2004

“My sex drive has increased!”

“I was plagued with frequent trips to the bathroom so I decided to give **Prostate Health Complex** a try. I started taking one dose of **Prostate Health Complex** only a few days ago and I am completely surprised by the fast results! My urine flow has improved already and my sex drive has increased too!”

— Ronald, Ontario



Reclaim Your Manhood with this Breakthrough Male Health Solution!

Best of All — There's No Risk

Try **Prostate Health Complex** right now and you'll receive FREE shipping...a FREE gift worth \$14.95 ...and a \$45.30 savings when you choose our **Best Deal**. And remember...your trial is 100% risk-free.



See page 39 to claim your FREE gift or simply call...

1-800-711-4930 right now.

Turn to Chapter 3



“My Sexual Performance and Drive Have Taken Off”

A lot of the patients I talk with think that an enlarged prostate is really just about having to go to the bathroom more often than normal.

The truth is — and you know this if you’ve had any prostate trouble — it’s far worse than that.

Because not only do you have to deal with the maddening chore of rushing to the restroom — most times with little success — as often as every 30 minutes...

You also suffer serious consequences in the bedroom as well.

Now...we all know the old saying — as you get older, things get taken from you. And there is some truth to that.



But in this case — you don’t have to sit by and let it happen. ***You don’t have to watch your sexual potency, stamina and desire slowly wilt away.***

Instead...you can **reclaim your manhood** — all by taking a simple, yet powerful first step toward ensuring good prostate health.

But instead of me just telling you why this is important...I'd rather let some men just like you tell you in their own words just how **Prostate Health Complex** has helped them regain their old form in the bedroom:

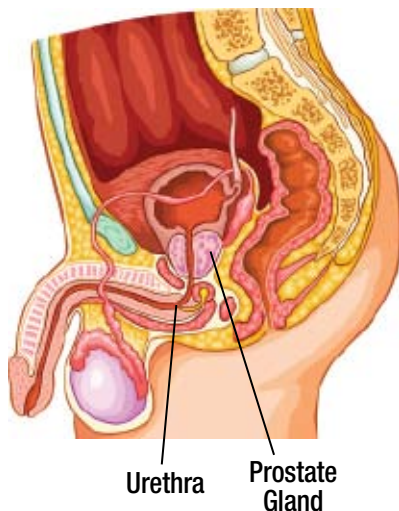
“My sexual performance and drive have taken off”

*“After suffering for over eight years, I feel like a new man. My sexual performance and drive have taken off completely since I started on **Prostate Health Complex**. My wife and I can't thank you enough for the difference this has made in our lives.”*

— Abe, New Jersey

Did You Know Your Prostate is a Power Switch?

That's right...your prostate is the “power switch” that turns the penis on and off. Hidden within this walnut-sized gland are nerves and muscles that trigger erections, make you ejaculate and unleash (or hold back) your urine flow. But if you'll just maintain this powerful instrument with the respect it deserves, great sex naturally follows.



Next page, please...

Beta-Sitosterol Helps You Take Charge in the Bedroom Once Again

Here's what a lot of men don't realize...**your prostate is actually a sex organ.** A “switch” that powers the pump.

In fact, the main function of the prostate gland is to produce as much as two-thirds of the fluid making up semen.¹¹

That's why attending to your prostate's health needs now is essential to **saving your manhood...and possibly your life.**

The sexual benefits associated with beta-sitosterol — and our **Prostate Health Complex** — are making formerly frustrated men stand up and cheer.

In fact, while prescription prostate drugs and surgeries can actually work to sabotage

your sexual performance, my own patients are reporting a startling upswing in great sex...

As 51-year-old John A. recently wrote to tell me:

“I've been on your beta-sitosterol program for just a few weeks now. I was hoping it might curtail my nighttime bathroom trips. That's happened. What I never expected was what else it might do for my nights. Whoa!”

Well, of course nutrition is a better way to go!

Drugs that give men erections do nothing to nourish your prostate and support its healthy functioning. But a daily program of key nutrients can achieve this almost like magic.

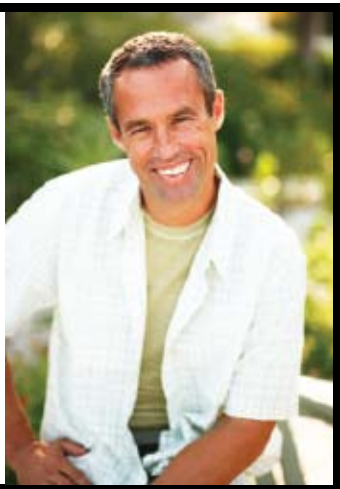
“ A Startling Upswing in Great Sex. ”

¹¹<http://www.upmccancercenters.com/cancer/prostate/prostategland.html>

**“My PSA has dropped
from 12 to 4”**

“Since starting on your formula, my PSA has dropped from 12 to 4 and my doctor is amazed! I’m so thankful I came across **Prostate Health Complex** before agreeing to the drastic surgery my doctor had recommended. Bless you for making such an important product for men like me.”

— Ed, Connecticut



**Prostate Health Complex Works —
or else it’s FREE**

Your trial order of **Prostate Health Complex** is guaranteed to eliminate your prostate problems. Our 100% RISK-FREE Guarantee means you have 90 days to return **Prostate Health Complex** if you’re not satisfied. PLUS — when you act now you can also claim savings of \$45.30 off your trial order plus a FREE gift worth \$14.95.



See page 39 to claim your savings or simply call...

1-800-711-4930 right now.

Turn to Chapter 4



If You're Over 40... You're at Risk *Right Now*

I hate to be the bearer of bad news, but...

If you're over the age of 40 — even if you've never had a single prostate-related health problem — the clock is ticking, my friend.

You see...*by age 40, over half of all men already have some degree of prostate-related health problems.*

By age 50, that percentage *soars to 75%...*

And according to the National Institute of Diabetes and Digestive and Kidney Diseases, as many as **90 percent of men in their 70s and 80s may suffer with serious, HEALTH THREATENING prostate problems.**¹²

With every year that passes, the likelihood grows that you'll develop symptoms like...

“My energy levels have increased dramatically”

“I just finished my one month supply of **Prostate Health Complex** and I feel great! My energy levels have increased dramatically and I couldn't be happier with the product!”

— Roland, New Mexico

¹²http://www.healthsystem.virginia.edu/uvahealth/adult_prostate/bph.cfm

- ✓ *Frequent bathroom trips resulting in sleepless nights...*
- ✓ *Difficulty starting urination — and a weak or “dribbling” urine stream...*
- ✓ *The embarrassment and humiliation that come with difficulty getting and maintain erections...*
- ✓ *Painful urination and/or blood in your urine...*
- ✓ *And loss of energy and decreased sex drive.*

You Could Wait For a Problem to Surface... But We're Talking About Your Manhood

I understand that we all lead busy lives. So thinking ahead about a potential prostate-related health problem most likely hasn't been at the top of your to-do list.

But the evidence is overwhelming: the longer you wait...the more likely you are



to begin experiencing some of those painful, embarrassing — and potentially dangerous — symptoms.

And now that you know of an easy-to-use, all-natural prostate health formula that is **guaranteed to work for you** — well...why wouldn't you step up to the plate?

Especially when you consider the story of someone like Jeffrey of Dania, Florida.

Jeffrey wrote to me recently — and his story is truly amazing. Take a look for yourself...

Next page, please...

CONFIDENTIAL

Amazing Story...
Please Read!

"I have been using Goldshield's **Prostate Health Complex** for several months now and I am so pleased that I have committed myself to using this product for the rest of my life.

"Prior to being introduced to this product, I was having severe problems with loss of sexual drive, waking up many times throughout the night to urinate, wanting to urinate but no pressure and very little flow. My doctors even found small traces of blood in my urine. I found myself feeling so tired, drained and irritable almost every day.

"However, since I have been using this product, my sexual energy level is off the charts. I feel like an 18 year old all over again. My sleep is uninterrupted. I do not have those sudden urges to run to the bathroom every few minutes, my PSA level has started to fall off. Two ultra-sounds, two biopsies, and a cystoscopy has shown no bladder or prostate problem areas for concern. I am extremely happy and full of energy again! I credit this wonderful change to the great product from Goldshield and the excellent encouragement and support from their staff.

"I look forward to many years of super health and I am confident your products will assist me greatly on this journey. Keep up the good work. I am a very satisfied customer!"

— Jeffrey, Florida

**“I have the sex drive of
a young man”**

“I had a prostate operation 20 years ago, so I began taking **Prostate Health Complex** as way to improve my overall prostate health. My sexual performance has increased substantially and there has been change in my energy level as well. I walk 10 miles per day and have the sex drive of a young man.”

— William, Ontario



— Dr. Mitchell Matez, D.O.

**I guarantee Prostate Health
Complex helps eliminate
your prostate problems.**



Our **100% RISK-FREE Guarantee** means you must be satisfied...or else you pay nothing.

See page 39 for more details or call...

1-800-711-4930 right now.

Turn to Chapter 5



We Took the Miracle of Beta-Sitosterol...and Made it Seven Times More Powerful!

Earlier in this report, I told you about the dozens of clinical studies that have confirmed the power of beta-sitosterol when it comes to prostate health.

And there's absolutely no question about it — beta-sitosterol is the most important male health breakthrough of our time.

But amazing as it is, *beta-sitosterol is just one of many natural breakthroughs that are helping us men beat the prostate pandemic.*

So when it came time to put together what I like to call “The Ultimate Prostate Formula” — our **Prostate Health Complex** formulation — the scientists at Goldshield Direct and I went far beyond “just” the miracle of beta-sitosterol.

Instead, we put together a power-packed formulation designed to keep your prostate health at the highest level possible.

Now I know others may play games with their customers and keep them guessing about the makeup of their supplements.

“I couldn't be happier!”

“My doctor recommended that I take Saw Palmetto as a supplement for my prostate. I felt as though **Prostate Health Complex** had the ingredients I was looking for so I gave it a try. I've been taking **Prostate Health Complex** as a precautionary measure for my prostate health and I couldn't be happier!”

— Peter, Alberta





But that's not the way I work.

I'll spell out each and every component of my **Prostate Health Complex** for you — right here...right now. Take a look at what — in addition to beta-sitosterol — **Prostate Health Complex** also includes...

Amino Acids

Prostate Health Complex contains three fundamental amino acids necessary for your prostate and sexual health; L-Glycine, L-Alanine, and all important, L-Arginine. The prostate gland does produce them naturally, but a landmark research study showed that men who increased their levels of all three of these

amino acids had improved relief from nighttime urination, urgency and delayed urine flow.

The study also showed that the amino acids were responsible for reducing prostate size and fluid retention in over 90% of the cases studied. L-Arginine is especially critical for male sexual health. L-Arginine speeds necessary oxygen cells in the bloodstream to the penis during sexual arousal providing for a stronger, firmer, harder erection. Without the boost L-Arginine provides, your sex life might be a thing of the past!

Zinc Arginate

The latest research suggests that higher levels of Zinc are found in healthy

Next page, please...

prostate tissue. Zinc is necessary for male sexual and prostate health. I insist on zinc arginate because this is the kind used in clinical studies.

Pygeum Africanum Extract

For centuries, African tribesmen have been using the bark from this African tree when they have trouble “down below.” And in modern France, over 80% of doctors’ prescriptions for BPH include pygeum extract. They’re no fools! New research shows that men taking pygeum are twice as likely to improve their prostate health.

Pumpkin Seed Concentrate

Any frontier farmer could tell you pumpkin seeds help you pee better, but only lately did scientists get around to testing this. Over in Germany, scientists studied more than 2,245 men, and reported **a whopping 41.4%**



Prostate Health Complex contains pumpkin seed concentrate.

improvement in prostate health. Here again, I specify the concentrated extract used in the research.

Lycopene

You’d have to be a hermit not to hear the news about tomatoes and prostate health, but lost in the hype is the fact that raw tomatoes are not the best way to get lycopene. They’re too tough to digest! In fact, researchers recently concluded **“lycopene supplements can protect the prostate and help keep it healthy.”**



Supplement Facts

Just two daily **Prostate Health Complex** capsules deliver this entire, cutting-edge prostate health formula:

Phytosterol Concentrate Beta-Sitosterol	50 mg 6 mg	➔ <i>Helps Men Get Needed Relief</i>
Zinc	5 mg	
Saw Palmetto	322 mg	➔ <i>Nourishes the Prostate</i>
Soy Isoflavones Concentrate	60 mg	
Stinging Nettle Extract	100 mg	➔ <i>Effectively — and Safely — Reduces Prostate Inflammation</i>
L-Alanine	90 mg	
L-Arginine	50 mg	
L-Glycine	50 mg	
Pygeum	25 mg	➔ <i>Improves Overall Prostate</i>
Pumpkin Seed Extract	40 mg	
Lycopene	3.5 mg	➔ <i>Tomato Extract that Protects the Prostate</i>

“I am thoroughly pleased with the results”

“I began taking **Prostate Health Complex** because I had read about the numerous benefits of maintaining a healthy prostate. I am thoroughly pleased with the results of your product and I’m glad that I took this preventative measure to ensure my prostate’s health!”

— Drew, New Jersey



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Soy Isoflavones

Soy's all the rage, but you'd need to eat heaps of tofu to get enough of the soy isoflavones that are responsible for this good news. When researchers gave lab subjects isoflavone supplements, they reported "Soy Isoflavones helped to keep the prostate healthy and working normally." If you enjoy soy, that's fine, but be sure to supplement, too.

Saw Palmetto

Yes, of course I include saw palmetto in my formula... and I'm careful to specify the



Prostate Health Complex contains palmetto berry extract.

extract that's produced such fine results in clinical studies.

Researchers have found that, all by itself, it shows "a clear superiority...in comparison to conventional therapies."

But now you can do way better.

Because **Prostate Health Complex** not only contains the optimum dosage of saw palmetto berry extract, it improves upon it in several different ways. Just two capsules a day contain all the fuel you need to keep your prostate well-nourished, your energy high and your sex life immensely fulfilling.

Stinging Nettle Root

Used in Europe as a remedy for prostate problems, Stinging Nettle Root (*Urtica Dioica*) is approved in Germany as a drug because it safely and effectively reduces prostate inflammation.



Prostate Health Complex contains stinging nettle root.

This natural health booster provides rapid relief from bladder sensitivity and prostate swelling.

When taken with the other powerful nutrients in **Prostate Health Complex**, Stinging Nettle offers FAST relief and daily nutritional support for your entire reproductive health and sexual vitality.

“Beta-Sitosterol is the Most Important Male Health Breakthrough of Our Time.”

Prostate Health Complex helps eliminate your prostate problems

SPECIAL OFFER: Save \$45.30 off your trial order...get a FREE gift worth \$14.95...and receive FREE shipping when you take our **Best Deal**. Best of all — **Prostate Health Complex** is backed by our iron-clad, 100% money-back guarantee.



Call **1-800-711-4930** to order now or return the No-Risk Order Form on page 39.

Turn to Chapter 6



Eliminate Your Prostate Health Problems — and Reclaim Your Manhood — Starting Today...

Your prostate is a powerful sex organ — and the key to your long-term sexual vigor.

So why would you take any chances with your own manhood?



Especially when *the overwhelming evidence shows that the likelihood of serious, prostate-related health problems increases sharply as you age.*

Now there's a safe, all-natural solution to the prostate health pandemic — our **Prostate Health Complex** formula.

When you try **Prostate Health Complex** you not only get the powerful benefits of beta-sitosterol — the “miracle” men's health discovery — you also get the power of the other components I described in Chapter 5.

And you get all of this in **CAPSULE FORM** — which

means the formula goes to work the instant it hits your stomach.

After all...if your body can't digest it, even the most powerful supplement is worthless to you. But with **Prostate Health Complex**, my formula goes to work immediately, sending each of my carefully-selected prostate health boosters to its individual work zone in your body.

I'm so Convinced Our Prostate Health Complex Will Work for You That I'm Willing to Assume 100% of the Risk

I understand that the two most important decisions you make every day involve either your health or your money. And in this case — we're dealing with both.

So that's why I want to make one thing perfectly clear:

There's absolutely no risk to you when you try **Prostate Health Complex**.

"My PSA count went down to 0.1 and my prostate was not as swollen"



"I started taking **Prostate Health Complex** about a year ago. At that time my PSA count was high and my prostate was swollen. At my last doctor appointment, the doctor was pleased to see my PSA count went down to 0.1 and my prostate was not as swollen. I am so thankful to have been introduced to **Prostate Health Complex**."

—Harry, Wisconsin

Next page, please...

That's because I insist the product be backed with an iron-clad, 100% money-back guarantee.

It's really simple: You must be completely satisfied with your results or else I'll refund every penny of your purchase price.

And let me make one more point — this isn't some "pro-rated" guarantee with any sort of catch.

Not at all — you have a full 90 days to try my **Prostate Health Complex**. If you're not satisfied for any reason, just

What Customers Are Saying

"Prostate Health Complex is fantastic!"



"**Prostate Health Complex** has worked wonders for me...especially with my urination! I initially tried this product because it has more ingredients than the other brands that I've tried in the past, and I'm happy that I did! **Prostate Health Complex** is fantastic!"

— Marcus, Tennessee

"Really worked for me"



"**Prostate Health Complex** has really worked for me! I used to get up multiple times during the night to urinate and those frequent trips have decreased to only once or twice a night."

— John, Ontario

call us and I'll return every penny of your purchase price.

No questions asked...no "pro-rated" guarantee...and absolutely no strings.

If you aren't happy with the product, I insist you receive a full, prompt refund.

But here's the thing — I'm confident you **WILL** be satisfied with the results you receive when you try my special **Prostate Health Complex** formula.

“ A Safe, All-Natural Solution! ”

About Prostate Health Complex

“I have had a steady urine flow”



“I am extremely pleased with the way **Prostate Health Complex** has worked for me! My urine stream used to be slow and painful. Ever since I began taking your product, I have had a steady urine flow and I am able to empty my bladder completely. I can't thank you enough for creating this product!”

— Richard, Ontario

“My prostate shrunk back almost to normal size”



“I couldn't believe the quick results I got with **Prostate Health Complex**. In my most recent exam, my doctor told me my prostate had shrunk back almost to its normal size. And I haven't had any more pain while urinating or during intercourse. This product is truly a godsend for all men!”

— Griffin, Illinois

Turn to learn about
your **FREE** Gift!



Try Prostate Health Complex Right Now and Receive this FREE Gift Worth \$14.95

FREE GIFT — A Comprehensive Guide: *Total Prostate Health*

Right now, enjoy ultimate prostate protection from a fast acting, simple program for preventing prostate problems. I've detailed it all in my FREE bonus booklet entitled, *Total Prostate Health*. It's yours absolutely FREE as part of this special offer with your six-month, three-month or one-month supply of **Prostate Health Complex**.



Take Charge of Your Prostate Health — and Reclaim Your Manhood — at No Risk Whatsoever!

Thanks to this breakthrough male health solution, you now have the power to wipe out those embarrassing — and potentially dangerous — symptoms.

Just think of it: no more rushing to the bathroom several times per hour...no more painful urination...and no more problems in the bedroom.

A daily, six-month course of **Prostate Health Complex** is ideal for getting your prostate into top shape...and keeping it

there. So I highly recommend you take me up on my “**Best Deal**” of a six-month supply.

When you do, you’ll receive **FREE** shipping...a **FREE** gift worth \$14.95...and I’ll personally stand behind my product with my iron-clad, 100% money-back guarantee.

Even if you aren’t ready to try a six or a three-month supply...I still urge you to try at least a one-month supply. And the very same money-back guarantee still applies.

There’s **absolutely no risk to you** — and you stand to gain so much in the form of a strong, healthy prostate.

So call **1-800-711-4930** — or fill out the No-Risk Order Form on page 39 — to order right now.

Yours in good health,



Dr. Mitchell Matez, D.O.
Haimes Centre Clinic

P.S. Order your **NO-RISK** supply of **Prostate Health Complex** today and **you’ll be amazed at how quickly you’ll see improvement**. Order a six-month supply to receive our best price as well a **FREE** gift worth \$14.95. And remember... if at any time during your first 90 days you’re not satisfied — I’ll refund every penny of your purchase price!



3 EASY Ways to Order!

1.

**For Faster Service
Call Toll-Free**

1-800-711-4930

(9:00 am to 9:00 pm ET 7 days a week)



2.

**Or use our 24-hour fax line
at: 1-800-423-3135**

3.

**Mail the order form
and payment to:**

**Goldshield Direct
6847 Hiram Drive, Unit 2
Greely ON K4P 1A2**

(Use the enclosed postage-paid envelope)

INSIST ON THIS SEAL

It guarantees that your nutrients conform 100% to the highest international standards with each bottle dated to assure maximum potency.



100% RISK-FREE Money-Back Guarantee

Goldshield Direct prides itself both on the high quality of its nutritional supplements, and on the efficacy and absorption characteristics of these supplements.

If you are not satisfied with the quality of our supplements, simply return the unused quantity within 90 days for a prompt refund, less shipping and handling. Naturally, your gift is yours to keep.

This product is not intended to diagnose, treat, cure or prevent any disease. Prostate Health Complex is not intended as a substitute for yearly medical examinations. Do not use this product if you are at risk or are being treated for kidney, thyroid, or heart disease, psychiatric disorders or seizure disorders. Consult a physician before using Prostate Health Complex, if you have high blood pressure or are taking a Monoamine Oxidase Inhibitor.

NO-RISK ORDER FORM

Reply Right Now and Claim Your FREE Gift Worth \$14.95!

☒ **YES!** Rush my FREE gift and my risk-free supply of **Prostate Health Complex**, Dr. Matez's breakthrough system for dramatic relief and renewed prostate health. I understand that the *Total Prostate Health* bonus report is mine to keep even if I decide to return **Prostate Health Complex** for a refund.

☐ **BEST DEAL! I SAVE \$45.30!**

Send me a 6-month supply of **Prostate Health Complex** for only \$155.94.* I understand that because I'm buying in bulk, my shipping is FREE...and I'll also receive a FREE copy of the comprehensive guide, *Total Prostate Health*."

*We pay
GST/PST
for you!

☐ **GREAT DEAL! I SAVE \$10.02!**

Send me a 3-month supply of **Prostate Health Complex** for only \$90.60 + \$6.50 S&H (Total \$97.10*), and a FREE copy of the comprehensive guide, *Total Prostate Health*!

☐ **TRIAL OFFER**

Send me a 1-month supply of **Prostate Health Complex** for only \$33.54 + \$4.50 S&H (Total \$38.04*), and a FREE copy of the comprehensive guide, *Total Prostate Health*!

*For your convenience, all pricing is listed and charged in Canadian dollars, and we will pay GST/PST for you.

METHOD OF PAYMENT:

☐ Enclosed is my check for \$ _____ (payable to Goldshield Direct).

☐ Please charge my credit card: ☐ MasterCard ☐ VISA ☐ AMEX

Card No.

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Expiry Date ____/____

Signature _____ Telephone _____
(Required for credit card orders.) (In case we have a question about your order.)

PLEASE PRINT CLEARLY:

Name _____

Address _____

City/Province/Postal Code _____

Please make any necessary changes to the mailing label on the reverse side of this form and return in the postage-paid envelope.

It's VERY important that you have all of the latest information at your fingertips. These alternative health changes are saving lives and transforming the way people are living their lives. That's why I've created my exclusive FREE Health E-Letter. Don't miss out on the next Medical Revolution. Let me be your trusted source for the most cutting edge information on nutritional and alternative medical breakthroughs. Don't worry, I won't give out your e-mail address to any other party and you can unsubscribe at anytime. Sign Up Now...

Thank you.

My E-Mail Address Is

Dr. Mitchell Matez, D.O.

**For Faster Service
CALL TOLL-FREE
1-800-711-4930**

(9:00 am to 9:00 pm ET 7 days a week)
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"I GUARANTEE this all-natural formula will produce results for you — or I'll refund every penny you paid...no questions asked!"

— Dr. Mitchell Matez, D.O.



MALE HEALTH DISCOVERIES

Dozens of Clinical Studies Show the Power of this Breakthrough Men's Health Solution

If you suffer from...

- ✓ Frequent "emergency" trips to the bathroom
- ✓ Difficulty sleeping caused by the urgency to urinate
- ✓ Straining to urinate or weak, "stuttering" stream
- ✓ Painful urination or blood in your urine
- ✓ Trouble achieving or maintaining an erection

...then this is the prostate breakthrough you've been waiting for!

"No More Pain!"

"I was getting up five, six times a night to use the bathroom and many times experienced pain when urinating. After trying (the product named inside) I noticed results in a few weeks, and now I only wake up once or twice a night and no pain, either..."

— Tom, Michigan

